Life Skills I Ritter

E-day lesson 1

On your day off, plan a meal that you can cook for your family for supper tonight. Make sure your meal has 3 different courses and meets the criteria for meal appeal. You will need to write down the three different courses, take pictures of your meal, and then write a paragraph critiquing your meal for the 5 parts of meal appeal. Be sure to turn all this in within 2 weeks of the e-day.